

THE RAKEHELLS

NEW YORK CITY (April 29, 2010)— The Rakehells have announced the track list for their forthcoming album, *Please Yourself; or, the Devil in the Flesh*. The album, which is slated for release September 2010, contains 15 crowd favorites the band has honed over five years of live shows in and around New York City.

The tracks on the album are as follows:

Ready Fire Aim
Say We're Gonna Do It
Souls 4 Sale
Lost Weekend
Mode of the Moment
Charles Marlay
Claret Ego
Meat on a Stick
Le Singe
Capital
Sexton Blake
45th & 7th
Prophets and Profiteers
Cool Your Boots
Poison Pen

The Rakehells are James Roe (vocals), Johnny Lowe (bass, vocals), Mike Devigne (guitar), Howard Stock (guitar) and Patrick Paredes (drums). The following is a Q&A with James and Johnny about the genesis of *Please Yourself; or the Devil in the Flesh*.

1) Why are there so many songs on this album?

James: When I look back to some of my favorite rock albums they are chocked full of great songs and the track listings are long, not just nine or 10 songs, and they're all great songs. I have always wanted to make an album like that. I think in the late 1990s and early 2000s bands were putting out some good records, but there would be like eight or 10 songs on there and I'd always felt like I wanted more when I bought them.

Johnny: It's a twofold answer really—we've been playing these tracks live for a long time now and the people who come to our shows have been itching to finally have a permanent record of our verbal history. The other

answer is just that every song is a kick to the gut—most are less than three minutes long and leave you hungry for more. We also want to make sure you get your money's worth—100% energy either live or in the studio.

2) What would you say the Rakehells are trying to accomplish with this recording?

James: I think our live show is a big part of who we are as a band, so we wanted to capture as much of that sound as possible in the album. Not just the way we recorded them, but the songs we picked and even the way we put them together. For me, this album also shows our diversity, our strength and our growth. There may be a lot of songs on the album, but you can hear how we approached each one differently and yet they all still sound like The Rakehells.

Johnny: I think of the whole album as a crazy rollercoaster ride—no tunnel of love action here, just a topsy-turvy ride down the seedy side of the tracks while you attempt to not spill your gin. The band wants to take the listener along with them hurtling through the good times and out the other side and then doing it all over again.

3) Why should people care about this album?

James: This album will introduce people to our songs and hopefully lead them to our live shows. We play real rock and roll, and I think that is one aspect of music today that has been lacking. We're doing what we can to fill that void.

Johnny: There's nothing superficial here—no uppity, bedroom-poet attitude to be had. It's bone dry, no excuses, in-your-face rock. It's like your best friend who sleeps on your couch for a week after their old lady kicked them out. You love them because that's what you do. It's just The Rakehells being The Rakehells.

The Rakehells are available for interview on a broad range of topics, from pop culture to music to technical discussions regarding what equipment they use/recommend.

Press contact: info@therakehellsnyc.com, or call 917 650 4170.